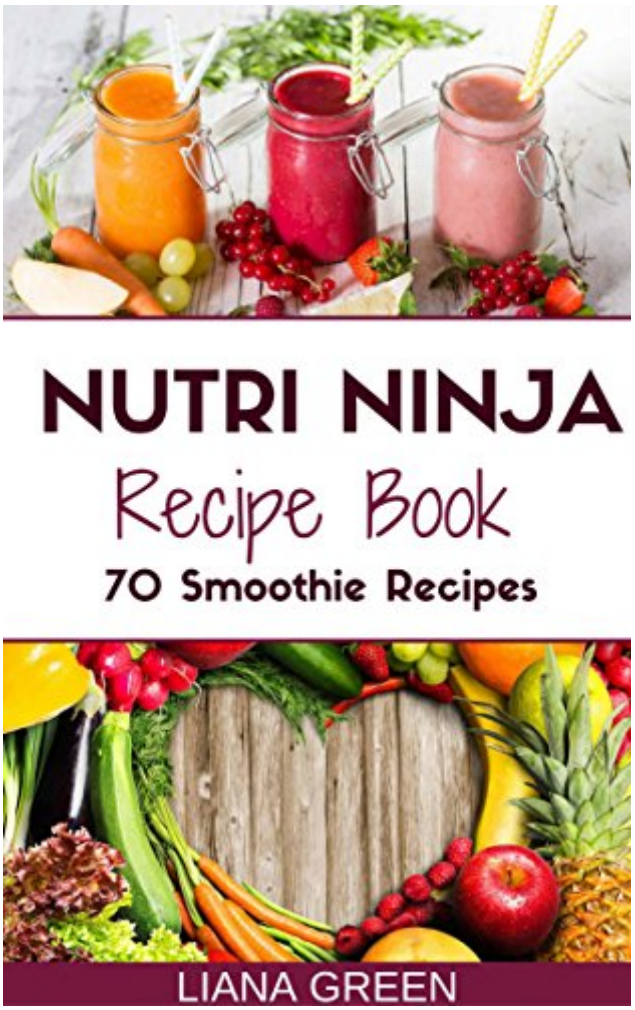
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Nutri Ninja Recipe Book: 70 Smoothie Recipes For Weight Loss, Increased Energy And Improved Health (Nutri Ninja Recipes Book 1)



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Synopsis

Nutri Ninja Recipe Book - 70 Smoothie Recipes for Weight Loss, Increased Energy and Improved HealthThe Nutri Ninja Pro Blender is a powerful 900 watt blender capable of extracting nutrients and vitamins. Capable of blending all fruits and vegetables whilst crushing ice, seeds and skins to create delicious smoothies for you to enjoy.Why Read The Nutri Ninja Recipe Book?Ã¢â ¬Â¢ Increase your energy levels and feel great about yourselfÃ¢â ¬Â¢ Improve your healthÃ¢â ¬Â¢ Perform better in workouts and sporting events Ã¢â ¬â œ reach peak fitnessÃ¢â ¬Â¢ Look amazing with clear skin, vibrant eyes and be your perfect weightÃ¢â ¬Â¢ Live the life you deserve Ã¢â ¬â œ wake up in the morning with endless energy!Make the very same recipes I have researched and tested out to;Ã¢â ¬Â¢ Lose weight and look greatÃ¢â ¬Â¢ Train for a marathonÃ¢â ¬Â¢ Improve my childrenÃ¢â ¬â„¢s health by getting them to drink nutrient rich smoothies. I never dreamt they would be consuming spinach, kale and avocados on a daily basis, and enjoying it!What Recipes Are Included?With chapters dedicated to weight loss, increased energy, sports drinks, clearer skin, a healthier heart, superfood smoothies, natural remedies, breakfast smoothies, smoothies for kids, there is something for everyone.The following are a small taster of the 70 smoothie recipes included in the Nutri Ninja Recipe Book;Berry Peachy Chocolate Velvet Vitamin Vrrrooom Purple Punch Mango Tango The Beetroot Bolt Brazilian Beauty Peachy Lemonade The Anti-Sneeze The Pick Me Up

Book Information

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Customer Reviews

Fantastic basic book with wonderful recipes! The recipes are sorted by type, depending on what you want your shakes to do for you (high protein/post-workout, weight loss, detox, etc.). Well organized book.

Interesting to thumb thru the pages, but range of unusual ingredients is a little overwhelming. Best to go by your own taste and instincts to make up your own ingredient list.

Item as described. Great product

I was not really happy with this book; I thought it was a companion book to the Nutri Ninja blender but it is not.

Great way to start out using the Ninja.

Excellent price.

Bought this with the Nutri Ninja, and has some really good recipes in it!

Good recipes

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(Smoothie, Smoothies, Smoothie Recipes, Smoothies for Weight Loss, Green Smoothie, Smoothie Recipes For Weight Loss, Smoothie Cleanse, Smoothie Diet) Ninja Recipe Book: Quick, Easy And Delicious Ninja Smoothies For Your Ninja Professional Blender (Ninja Bullet Recipe Book, Ninja Blender Recipe Book, ... and Smoothies for Weight Loss Book 1) Nutri Ninja Recipe Book: 70 Smoothie Recipes for Weight Loss, Increased Energy a Nutri Ninja Recipe Book: Smoothie Recipes - 50 Delicious, Easy, and Healthy Smoothie Recipes Ã¢â ¬â œ Look Good Ã¢â ¬â œ Feel Better Ã¢â ¬â œ Live Strong (Smoothie Bible) Ninja Blender Recipe Bible: 50+ Delicious Recipes for your High Powered Blender (Ninja Recipes, Ninja Recipe Book, Green Smoothies, Weight Loss Smoothies, ... Protein Shake Diet, Green Smoothie) Green Smoothie Recipe Book: 500 Delicious Green Smoothie Recipes for Weight Loss, Better Health, Energy & Cleansing (Green Smoothies, Nutribullet Recipe ... Juicing Recipes, Fat Loss, Cleanse, Detox) Smoothies: Everyday Smoothies For Beginners (Smoothie, Smoothies, Smoothie Recipes, Smoothies for Weight Loss, Green Smoothie, Smoothie Recipes For Weight ... Diet)) (healthy food for everyday Book 5) Nutribullet Recipes: 365 Days of Smoothie Recipes for Rapid Weight Loss, Detox & Burning Fat: Smoothie Recipes for Weight-Loss, Detox, Anti-Aging & So ... Loss Drinks, Anti-Aging, Juicing Recipes) Ninja Blender Recipe Book: Lose Weight And Shred The Pounds Fast With These Delicious And Healthy Ninja Blender Recipe Book Recipes You Can Make ... Recipes, Ninja Blender Cookbook) (Volume 1) Weight Loss: Lose Weight and Body Fat: 3 Simple and Easy Methods to Improve: Health, Fitness and Nutrition (Weight Loss Strategies, Proven Weight Loss, ... Habits, Belly Fat, Weight Loss Tips) Vitamix Cookbook: 400 Vitamix Recipes for Increased Energy, Weight Loss, Cleansing and More (Soup Recipes, Smoothie Recipes) Smoothie Recipe Book: 150 Smoothie Recipes Including Smoothies for Weight Loss and Smoothies for Optimum Health South Beach Diet Smoothie Cleanse: Weight-Loss, Detox, Anti-Aging , Quick and Delicious South Beach Diet Smoothie Recipes to Lose Weight, Boost Brain Power and Increase Energy The Nutri Ninja Master Prep Blender Whole Food Cookbook: 101 Delicious Soups, Spreads, Entrees, Desserts & Cocktails For Your Ninja Pro, Kitchen ... Ninja Kitchen System Cookbooks) (Volume 2) Slow Carb Recipes: Simple Weight Loss Recipes To Lose 20 Pounds in 30 Days and Increase Energy Without Exercise!: Weight Loss Recipes (Slow Carb Weight Loss Book 1) The Juicing and Smoothie Recipe Book: The Complete Guide to Healthy Juices & Smoothies Ã¢â ¬â œ Easy recipes for Weight Loss & Cleanses Ã¢â ¬â œ Suitable for the Nutribullet, ... Ninja and Vitamix (Juicing for Beginners) Juicing For Weight Loss: 75+ Juicing Recipes for Weight Loss, Juices Recipes,Juicer Recipes Book, Juicer Books,Juicer Recipes,Juice Recipes, Juice Fasting, ... diet-juicing recipes weight loss Book 103)